

Hot Lunch - September 2020



Cafeteria Chat

Lunch Served From
11:30 am - 12:15 pm

Please feel free to join your
child (ren) ANYTIME

Any questions or comments email
m BaileyHotLunch@prairiecatholic.org

Fun Food Facts

Don't peel your apple.
Two-thirds of the fiber and
lots of antioxidants are found
in the peel

Food Foolery

Q: Why shouldn't you tell an
egg a joke?

A: Because it might crack up!

Mon	Tues	Wed	Thu	Fri
31 <i>Pizza Cheese/Pepperoni Fruit Garden Salad</i>	1 <i>BBQ on a Bun Potato Rounds Green Beans Fruit</i>	2 <i>Penne Noodles w/sauce Pizza Stixs Fruit/Veggies</i>	3 <i>Salisbury Steak Mash Potatoes Roll Veggie/Fruit</i>	4 <i>Fish Sticks Glazed Carrots Fruit Rolls</i>
7 NO SCHOOL	8 <i>Chicken Fingers Rice Green Beans Fruit</i>	9 <i>Grilled Cheese w/Tomato Soup Crackers Veggies/Fruit</i>	10 <i>Chicken Alfredo Garlic Toast California Blend Fruit</i>	11 <i>Cheeseburger on a Bun French Fries Veggie/Fruit</i>
14 <i>Hot Dogs on a bun Baked Beans Fruit Garden Salad</i>	15 <i>Spaghetti Garlic Bread Stix Veggies Fruit</i>	16 <i>French Toast Sticks Yogurt Hash browns Fruit</i>	17 <i>Cheese Quesadilla's Refried Beans Tortilla Chips Fruit</i>	18 <i>Chicken Bowl Mashed Pots/Corn Gravy Fruit</i>
21 <i>Ham or Roast Beef Sub Chips/Fruit Garden Salad</i>	22 <i>Meatloaf Mash Potatoes Roll n Butter Veggie/Fruit</i>	23 <i>Mac N Cheese Roll Veggies Fruit</i>	24 <i>Chicken Sandwich (BBQ or Plain) Sweet Potato Fries Veggie/Fruit</i>	25 NO SCHOOL
28 <i>Pizza Cheese/Pepperoni Fruit Garden Salad</i>	29 <i>BBQ on a Bun Potato Rounds Green Beans Fruit</i>	30 <i>Penne Noodles w/sauce Pizza Stixs Fruit/Veggies</i>		
	<i>Menu is subject to change.....we will do our best to send out any changes.</i>		<i>Meals served with choice of White or Chocolate Milk</i>	<i>This institution is an equal opportunity employer</i>

Breakfast - September 2020



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Mon	Tues	Wed	Thu	Fri
31 <i>Muffin Apple Slices Cheese Stick Milk/Juice</i>	1 <i>Breakfast Bar Banana Craisins/Cheese Stick Milk/Juice</i>	2 <i>Cinnamon Toast Dried Blueberries Cheese Stick Milk/Juice</i>	3 <i>Cereal Grapes Orange Juice Milk</i>	4 <i>Breakfast Bar Orange Slices Cheese Sticks Milk/Juice</i>
7 NO SCHOOL	8 <i>Breakfast Bar Apple Slices Craisins/Cheese Stick Milk/Juice</i>	9 <i>Muffin Dried Blueberries Cheese Stick Milk/Juice</i>	10 <i>Mini Pancakes Grapes Cheese Stick Milk/Juice</i>	11 <i>Cinnamon Rolls Orange Slices Dried Cherries Milk/Juice</i>
14 <i>Muffin Apple Slices Cheese Stick Milk/Juice</i>	15 <i>Breakfast Bar Banana Craisins/Cheese Stick Milk/Juice</i>	16 <i>Cinnamon Toast Dried Blueberries Cheese Stick Milk/Juice</i>	17 <i>Cereal Grapes Orange Juice Milk</i>	18 <i>Breakfast Bar Orange Slices Cheese Sticks Milk/Juice</i>
21 <i>Cereal Banana Cheese Stick Milk/Juice</i>	22 <i>Breakfast Bar Apple Slices Craisins/Cheese Stick Milk/Juice</i>	23 <i>Muffin Dried Blueberries Cheese Stick Milk/Juice</i>	24 <i>Mini Pancakes Grapes Cheese Stick Milk/Juice</i>	25 NO SCHOOL
28 <i>Muffin Apple Slices Cheese Stick Milk/Juice</i>	29 <i>Breakfast Bar Banana Craisins/Cheese Stick Milk/Juice</i>	30 <i>Cinnamon Toast Dried Blueberries Cheese Stick Milk/Juice</i>		
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