

# September 2019

Mon	Tues	Wed	Thu	Fri
2 <b>LABOR DAY NO SCHOOL</b>	3 BBQ on a Bun Baked Beans Fruit GSB	4 Penne Noodles w/Sauce Pizza Stixs	5 Salisbury Steak Mashed Pots/Corn Fruit Roll, GSB	6 Cheesy Chicken n Rice Garlic Toast Veggies, Fruit GSB
9 Mini Pancakes Sausage, Hashbrowns Fruit, GSB	10 BBQ Pulled Pork On a Bun Baked Beans Fruit, GSB	11 Grilled Cheese w/Tomato Soup Crackers Fruit, GSB	12 Chicken N Gravy Mash Pots/Corn Roll/Butter Fruit, GSB	13 Cheeseburger On a Bun French Fries Fruit, GSB
16 Hot Dogs on a Bun Baked Beans Fruit GSB	17 Lasagna Casserole Garlic Toast Veggies Fruit, GSB	18 French Toast Sticks Yogurt Hashbrowns Fruit, GSB	19 Cheese Quesadilla's Refried Beans Tortilla Chips Fruit, GSB	20 Chicken Bowl Mashed Pots/Corn Gravy Fruit, GSB
23 Ham or Roast Beef Subs, Chips Fruit/Veggies, GSB	24 <u>NEW MENU</u> Irish Nachos ( Waffle Fries) Spanish Rice Refried, Fruit, GSB	25 Mac N Cheese Roll Veggies, Fruit GSB	26 Chicken Sandwich (Buffalo or Plain) Baked Beans Fruit, GSB	27 <b>NO SCHOOL</b>
30 Cheese or Pepperoni Pizza Veggies, Fruit, GSB				Water and cups available daily  All meals served with White or Chocolate Milk
<b>GSB = Garden Salad Bar</b>			<b>This institution is an equal opportunity employer</b>	



## Cafeteria Chat

Lunch Served From  
11:15 am — 12:00 am

Please feel free to join your  
child(ren) **ANYTIME**

Adult Lunch \$3.35

Any questions or comments  
email  
[hotlunch@prairiecatholic.org](mailto:hotlunch@prairiecatholic.org)

## Fun Food Facts

**You Can Hear Rhubarb Grow!**

**Pear is a fruit that ripens  
from the inside out**

## Jokes

Q: Why shouldn't you tell an  
egg a joke?

A: Because it might crack up!